



# THE WATERFRONT

## GLUTEN FREE MENU

### STARTERS

<b>SMOOTH CHICKEN LIVER PARFAIT</b> <i>Red onion marmalade, gluten free bread</i>	£6.50
<b>CRAYFISH COCKTAIL</b> <i>Marie Rose sauce</i>	£6.50
<b>BEETROOT CARPACCIO WITH GOAT'S CHEESE (V)</b> <i>Mint dressing, pecan nuts</i>	£6.50
<b>HOMEMADE SOUP OF THE DAY (V)</b> <i>Gluten free bread</i>	£4.50
<b>CLASSIC MOULES MARINIERE</b> <i>White wine, cream and parsley sauce</i>	£6.95

### SHARING PLATTERS

As a starter for 2 or a main course for 1

<b>CHARCUTERIE</b> <i>A selection of continental meats, parfait, gluten free bread, oils, gherkins &amp; pickles</i>	£14.50
<b>PEAR, FIG &amp; HALLOUMI (V)</b> <i>With pecan nuts and salad garnish</i>	£12.95

### SIDES

<b>SEASONAL VEGETABLES</b>	£3
<b>MARINATED OLIVES</b>	£3
<b>HOUSE SALAD</b>	£3
<b>GLUTEN FREE BREAD, OILS &amp; MARINATED OLIVES</b>	£4

### MAINS

#### GRILL

<b>HOMEMADE RUMP STEAK BURGER</b> <i>Gluten free bread, smoked Applewood cheese, iceberg lettuce, gherkin, tomato, served with new potatoes &amp; coleslaw</i>	£12.95
<b>SIRLOIN STEAK</b> <i>New potatoes, cherry tomatoes &amp; flat field mushroom</i>	£18.95
<b>T-BONE STEAK</b> <i>New potatoes, cherry tomatoes &amp; flat field mushroom</i>	£18.95
<b>Stilton cream   Garlic &amp; herb butter</b>	£2.50

### MAINS

#### FISH

<b>GRILLED SWORDFISH</b> <i>Lime caper butter sauce, new potatoes, house salad</i>	£16.95
<b>CLASSIC MOULES MARINIERE</b> <i>White wine, cream and parsley sauce, new potatoes</i>	£11.95

#### VEGETARIAN

<b>SPICED BUTTERNUT SQUASH, RED PEPPER SPINACH &amp; QUINOA BURGER (V)</b> <i>Gluten free bun, tzatziki dip, new potatoes</i>	£11.95
--	--------

#### MEAT

<b>RUMP OF LAMB</b> <i>Rosemary potatoes, French green beans, gluten free gravy</i>	£16.95
<b>SLOW COOKED FEATHER BLADE OF BEEF</b> <i>Roasted root vegetables, new potatoes, gluten free gravy</i>	£13.95
<b>JACK DANIEL'S GLAZED BELLY OF PORK</b> <i>Shallots, mini apple, new potatoes and seasonal vegetables</i>	£13.95
<b>STUFFED CHICKEN BREAST</b> <i>Stuffed with buffalo mozzarella, sun-dried tomatoes &amp; basil, wrapped in prosciutto, with crispy sautéed vegetables and potatoes</i>	£13.95

### DESSERTS

#### CLASSICS

<b>WATERFRONT CLASSIC TIRAMISU ETON MESS</b>	£5.95
<b>CRÈME BRÛLÉE OF THE DAY</b>	£5.95

#### FRUITY

<b>LEMON POSSET</b> <i>Raspberry coulis</i>	£6.25
--	-------

#### ICE CREAM

<b>ONE/ TWO/ THREE SCOOPS</b>	£2.95/ £3.95/ £5.25
<i>Please ask a member of the team for today's ice cream selection</i>	

#### CHEESE BOARDS

<b>A SELECTION OF THREE CHEESES</b> <i>Garnished with grapes</i>	£6.95
---	-------